MCGRUFF WANTS YOU TO STAND UP TO CYBERBULLYING

✔ Do not respond to cyberbullying messages.
✔ Block communication with cyberbullies.
✔ Keep the messages and report cyberbullying to a trusted adult.
✔ Refuse to pass along cyberbullying messages about others.
✔ Stand up and tell friends to stop cyberbullying.
✔ Encourage your school to conduct cyberbullying prevention education.

To learn more about cyberbullying, visit www.ncpc.org