

## Who we are

- Youth-led group ages 13-17
- Teens helping teens
- Survivors of sexual abuse
- Thriving teens

## What we want to do

- Provide an overview of sexual violence and victimization to other sexual abuse survivors
- Allow expression of experiences
- Provide an opportunity to other teen survivors to reach out to others
- Provide groups to other underserved teens

"You're braver than you believe and stronger than you seem and smarter than you think"

- Christopher Robin

## Get Help

Jacobi Medical Center's Family Advocacy Program 718-913-4183

New York State Central Registry 800-342-3720

NYC Youth line 800-246-4646

National Child Abuse Hotline 800-4-A-CHILD

NY Society for the Prevention of Cruelty to Children 212-233-5500

Crime Victim Hotline 212-577-7777

National Child Abuse Hotline

Any Hospital Emergency Room 911/311

Your School Counselor, Principal, Teacher, etc.

Your Neighborhood Precinct



Produced by Jacobi Medical Center's Family Advocacy Program in conjunction with the National Crime Prevention Council and the National Center for Victims of Crime and supported by Grant No. 2009-SZ-B9-K007 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.



**BOUNCE!**  
"Not only surviving,  
But thriving!"



Teens mentoring teens  
through creative  
expression

# BOUNCE!

## What is Sexual Abuse?

When someone:

- Touches/rubs your private parts in a sexual way
- Asks you to touch or rub their private parts.
- Takes pictures of your private part

### Physical Signs

- Difficulty walking or sitting
- Torn, stained, or bloody underclothing
- Pain or itching in genital area
- Venereal diseases

### Behavioral Signs

- Sexualized behavior
- Promiscuous behavior
- Acting like something is bothering them, but won't tell

### Emotional Signs

- Loneliness
- Confusion
- Guilt
- Anxious
- Humiliated
- Frustrated

## Who Abuses?

- Adults/Older Children
- Usually someone you know
- May be someone you look up to, like, or trust

## You're Not Alone!

- One report of sexual abuse is made every 10 seconds.
- 1/3 girls experience abuse and 1/6 boys experience abuse by the age of 18.
- No one race, religion, financial class, neighborhood or age is focused on or exempt from being sexually abused.



Behaviors noted in this brochure are identified by BOUNCE! Youth leaders, survivors and advocates.



## Who to Talk To

If you are sexually abused, you can talk to:

- A counselor
- A parent
- A teacher
- Or any adult willing to listen.

If an adult that you tell does not believe you, keep talking until somebody listens. It is important to tell an adult about abuse.

**It's not your fault.**

**Find your voice!**