

Who we are

- Youth-led group ages 13-17
- Teens helping teens
- Survivors of sexual abuse
- Thriving teens

What we want to do

- Provide an overview of sexual violence and victimization to other sexual abuse survivors
- Allow expression of experiences
- Provide an opportunity to other teen survivors to reach out to others
- Provide groups to other underserved teens

"You're braver than you believe and stronger than you seem and smarter than you think"

- Christopher Robin

Get Help

Jacobi Medical Center's Family Advocacy Program 718-913-4183

New York State Central Registry 800-342-3720

NYC Youth line 800-246-4646

National Child Abuse Hotline 800-4-A-CHILD

NY Society for the Prevention of Cruelty to Children 212-233-5500

Crime Victim Hotline 212-577-7777

National Child Abuse Hotline

Any Hospital Emergency Room 911/311

Your School Counselor, Principal, Teacher, etc.

Your Neighborhood Precinct



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BOUNCE!
"Not only surviving,
But thriving!"



Teens mentoring teens
through creative
expression

BOUNCE!

What is Sexual Abuse?

When someone:

- Touches/rubs your private parts in a sexual way
- Asks you to touch or rub their private parts.
- Takes pictures of your private part

Physical Signs

- Difficulty walking or sitting
- Torn, stained, or bloody underclothing
- Pain or itching in genital area
- Venereal diseases

Behavioral Signs

- Sexualized behavior
- Promiscuous behavior
- Acting like something is bothering them, but won't tell

Emotional Signs

- Loneliness
- Confusion
- Guilt
- Anxious
- Humiliated
- Frustrated

Who Abuses?

- Adults/Older Children
- Usually someone you know
- May be someone you look up to, like, or trust

You're Not Alone!

- One report of sexual abuse is made every 10 seconds.
- 1/3 girls experience abuse and 1/6 boys experience abuse by the age of 18.
- No one race, religion, financial class, neighborhood or age is focused on or exempt from being sexually abused.



Behaviors noted in this brochure are identified by BOUNCE! Youth leaders, survivors and advocates.



Who to Talk To

If you are sexually abused, you can talk to:

- A counselor
- A parent
- A teacher
- Or any adult willing to listen.

If an adult that you tell does not believe you, keep talking until somebody listens. It is important to tell an adult about abuse.

It's not your fault.

Find your voice!